

CLIMATE CHANGE AND GLACIER RETREAT IN NORTHERN PAKISTAN

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ABSTRACT

The study focuses on the effects of climate change on glacier melting in Northern Pakistan as a critical issue of diminishing glacier mass and its water security and socio-economic consequences. The objectives of the research are to examine hydro-climatic drivers, quantify the changes in glaciers, and evaluate the hazards that are related to them, including the Glacial Lake Outburst Floods (GLOFs). To answer the research question, a mixed-method, desk-based approach was employed, which relied on remote sensing datasets (Sentinel-2, Landsat, ICESat-2, GRACE) and climate data (ERA5) and was supplemented by time series analysis and case study assessment of the Shisper Glacier. The findings reveal a major change in the Karakoram glaciers' mass balance to -2.23 Gt/yr (2018-2023) and +0.10 Gt/yr (2000-2010), and an increase in temperature by about 1.3 °C/decade and a rise in the snowline by almost 1000 meters. The area of the glaciers decreased by approximately 10.9 percent in the period 2000-2023, and in times of extreme events, the discharge of GLOF was 226.53 m³/s. The results affirm that the melting of glaciers is escalating more rapidly due to temperature changes, risks of hazards are growing, and the ability to provide water to more than 268 million people is at risk. The paper concludes that the promotion of climate resilience and the ability to manage water resources sustainably is impossible without the urgent implementation of policies, the development of an improved monitoring system, and community-based adaptation measures.

Keywords: Glacier Retreat; Karakoram Anomaly; Indus River Basin; Climate Change; Glacial Lake Outburst Flood (GLOF); Remote Sensing; High Mountain Asia (HMA); Water Security; National Adaptation Plan (NAP) 2023; Sustainable Development Goals.

INTRODUCTION

The northern parts of Pakistan consist of Gilgit-Baltistan and parts of Khyber Pakhtunkhwa. They are known as the “Water Tower of Asia” with a glaciated area of around 72,971-sq/ km, consisting of 7200 glaciers. The Indus River's source is made up of glaciers, which have the world's largest contiguous irrigation system. Pakistan's hydroelectricity is produced mainly here. The mountain ecosystem is being tested by climate change and global warming, which has

affected Northern Pakistan, which is experiencing higher temperatures at almost double the global average.

The Karakoram range's mysterious stability has delimited the historical context of glacier monitoring in Pakistan. The glaciers in the Karakoram have neither retreated nor melted, unlike the glaciers in the central and eastern Himalayas, says a new study in the journal Nature. That's a good sign, for sure, or perhaps not. To clarify, those conditions are the result of

complex climate geography, which are distinct and different from the high Himalayas. This is probably because of the mid-latitude westerlies and extremely high topographical factors of the Karakoram. The abnormality created a one-of-a-kind hydrologic regime where summer melt has been constant despite global thermal forcing.

However, the latest evidence suggests that this period of anomalous stability is over. From 2018 to 2025, studies have shown that different areas of the Hindukush, Karakoram and Himalayan (HKH) ranges are retreating in a synchronized way. This retreat has many kinds of implications. In a short span of time, the melting will cause huge volumes of water to fill moraine-dammed or ice-dammed lakes that will grow with the increased frequency of GLOFs. The long-term depletion of the cryosphere can threaten the Indus River. It means that the river will change from perennial to seasonal.

Pakistan's socioeconomic dependence on these mountain resources makes it vulnerable. Glacier melting leads to catastrophic effects on agriculture, industry and social stability. More than 200 million people live downstream from a river. The national policy response to the latest shifts in the cryosphere will be scrutinized. This will be done using scientific data.

Statement of the Problem

With a contribution of less than one percent of the global greenhouse gases (GHGs), Pakistan is one of the ten climate-vulnerable countries in the world, but continues to suffer the most from cryosphere disintegration. The destabilization of the "Third Pole" is the main culprit affecting water storage for the whole Indus Basin. The shift of the Karakoram Anomaly from a state of equilibrium to an extreme state of mass loss poses a double threat of destruction from GLOFs and hydrologic bankruptcy.

The current understanding of these dynamics is stymied by some factors. Due to the high-altitude terrain of Northern Pakistan, accretion of data on site is extremely dangerous and discontinuous, resulting in large "scientific uncertainties" in the timing of the "peak water". In addition, global satellite observations and local community experiences suffer from a "knowledge gap" that curtails the development of effective indigenous adaptation strategies. The existing governance frameworks, such as the

Indus Waters Treaty, do not take into account the erratic variability associated with climate-induced glacier retreat. This may worsen regional conflict. The disruption of millions and a breakdown of Pakistan's agricultural spine are inevitable unless coordinated, evidence-based intervention happens.

Scope of the Study

This study focuses on the geographical region of Northern Pakistan, particularly the intersections of Hindukush, Karakoram and Western Himalayan ranges, found in the provinces of Gilgit and Khyber Pakhtunkhwa. The Batura, Passu, Ghulkin, Siachen and Shisper glaciers are the major glacier systems included in the analysis, and the study shows the glaciological diversity of the region. The study goes from the 1970s to 2025, but the period from 2018 to 2023 is studied in detail because of a significant mass balance change during this period. The key domains of the study include: i) Cryosphere Physics – mass balance, surface elevation change, and glacier velocity ii) Hydro climatic Drivers – trends in temperature, precipitation, persistence of snow and solar radiation iii) Hazard Assessment – GLOF frequency, lake evolution, and infrastructure vulnerability assessment iv) Socio Policy framework – NCCP- 2021 NAP-2023 review and GLOF-II project under UNDP.

Research Questions

- What are the main hydroclimatic processes behind the change in the Karakoram Anomaly to a mass deficit regime from 2018 to 2025?
- How do debris cover and elevation-dependent warming impact the ablation rates of Northern Pakistan's glaciers differently for the Hindukush and Karakoram ranges?
- What is the quantitative link between rising land surface temperatures, glacier surge events, and GLOFs of downstream infrastructure?
- How effective are current national policy interventions and community-based adaptation strategies at dealing with the socio-economic vulnerabilities arising from changing patterns of glacial melt?

Research Objectives

- To quantify the internal and seasonal glacier mass changes across Northern Pakistan

using multi-sensor satellite altimetry and gravimetric data from 2000 to 2025.

- To analyze the spatial heterogeneity of glacier retreat, contrasting the "stable" Western Karakoram with the "retreating" Eastern Karakoram and Pamir regions.
- To investigate the mechanics of the 2022 Shipper GLOF as a case study for understanding the impact of heatwaves on surge-induced hazards.
- To evaluate the role of debris cover in either accelerating or insulating glacial melt under different thermal conditions.
- To provide a synthesis of Pakistan's National Adaptation Plan (NAP) 2023, identifying financial and technical gaps in its implementation.

Hypothesis

The Karakoram Anomaly stabilization is not limited to the region anymore and is in a phase of transition toward mass loss. It is driven by summertime-focused, intense warming. In Northern Pakistan, elevation-dependent warming is greater than the global average, which ultimately leads to a significant upward shift of the equilibrium line altitude (ELA) along with a decrease in the accumulation area ratio (AAR). As the extreme temperature events are becoming more powerful, there has been an overrun of localized insulation from thick supraglacial debris cover (>50 cm), resulting in increased sub-debris melt and basal lubrication.

RESEARCH METHODOLOGY

Research Design

This paper is based on a mixed-method approach to research, combining the quantitative and qualitative research techniques to be able to in-depth study the glacier recession in Northern Pakistan. The domain of cryosphere is a complicated system shaped by climatic, hydrological and socio-economic conditions, thus, depending on one methodology technique used would be blocking in-depth analysis. Quantitative methods are utilized to evaluate the mass balance of glaciers, changes in temperature and hydrologic changes with the help of secondary data whereas qualitative methods are applied to explain policy frameworks and socio-environmental implications. This synthesizing methodology

represents the modern research trends of glaciers, in which the numerical data is supported by the interpretative information about climatic drivers and human susceptibility (Jamal et al., 2025).

The research is based on the desk-based (non-field) research design, which is generally accepted in glaciology, because it is challenging logistically and safe to do research in high-altitude areas like the Hindukush-Karakoram-Himalaya (HKH). There are good alternatives to remote sensing and secondary data, which are large-scale and long-term analysis and retain scientific rigor (Racoviteanu et al., 2008).

Approach and Purpose of the Research.

A desktop-based analytical strategy is used, where only secondary data is used in the form of satellite images, climatic databases and peer reviewed literature. Remote sensing technologies enable researchers to observe glaciers in terms of their size, height, and the features of their surfaces without a physical presence, which is why they are an important tool in research of inaccessible mountainous areas (Wen and Wang, 2024, as cited in Krtalić, 2025).

The study is mainly exploratory and tries to examine the new trends in glacier retreat and the drivers of such retreat. In order to combine the findings of many different studies, the method of qualitative meta-synthesis is carried out, which allows revealing the trends, relationships, and gaps in research. The approach is popular among climatic scientists to offer a comprehensive insight into environmental transformation and its effects (Zhao et al., 2024).

Data Collection Methods

The research is based on the secondary information, such as peer-reviewed journal articles, institutional documents, and publicly available data. The most important sources are the Scopus-indexed materials, the reports of such organizations like ICIMOD and WWF, and national databases of the Pakistan Meteorological Department. These sources provide reliability and validity of data because they are of a standardized scientific methodology (Racoviteanu et al., 2008).

The satellite data is the central part of the analysis, and the use of satellite platforms,

including Sentinel-2, Landsat, ICES, and GRACE, is used. These datasets contain data about the mass balance, glaciers area, and elevation. Sentinel-2 provides a high spatial resolution in glacier mapping, whereas Landsat is useful in analyzing trends over a long period. The assessment of changes in elevation and changes in water storage is performed with the help of the ICESat altimetry and GRACE gravimetric data (Melis et al., 2024; Paul et al., 2016).

The meteorological data is also gained by using ERA5 reanalysis datasets and national observatories, which is very important the data on temperature and precipitation. Combining meteorological with remote sensing data also increases the accuracy of glaciers interaction models of climate (Gao et al., 2023).

Data Analysis Techniques

Multi-spectral indices including the Normalized Difference Snow Index (NDSI) are used to conduct analysis of remote sensing in order to map the boundaries of glaciers and to observe changes over a period. Glacier mass balance is an important parameter used to measure glacier health, which is estimated with the help of the altimetry and gravimetric techniques (Racoviteanu et al., 2008).

The trends and correlation traced in the climatic and glaciological data are identified through statistical methods, especially time-series analysis (Zhao et al., 2024). Also, non-linear relationships between hydro-climatic variables and glacier behavior are modeled using machine learning algorithms, such as Artificial Neural Networks (ANNs) (Baraka et al., 2020).

The HEC-RAS-based application of hazard modeling is used to simulate the Glacial Lake Outburst Floods (GLOFs) to help assess the risk to the downstream communities (Gao et al., 2023). The case study of the Shisper Glacier GLOF (2022) also explains the interconnection between climate change and the hazards related to glaciers.

Conclusion and Justification.

Mixed-method and desk-based approach is also suitable to the research of the glaciers in the remote areas, such as the HKH. The combination of the quantitative data analysis and a qualitative policy assessment makes the

study comprehensive enough to appreciate the dynamics of glaciers and their socio-economic consequences. Although the research has weaknesses, especially the use of secondary data, the fact that several datasets and analytical tools have been used makes the research robust and reliable. This practice corresponds to the current practice of science and allows to make informed decisions regarding climate adaptation and risk management.

REVIEW OF THE LITERATURE

Changes of Glaciers in The HKH Region Patterns

Numerous studies confirm that glaciers in the HKH are not all retreating in response to climate change. Although glaciers in the Himalayas and Hindu Kush are rapidly disappearing, Karakoram shows a diverse pattern of stability or slight advance, which is known as either the Karakoram Anomaly or the K-2 Critique. Bajracharya et al. (2015) and Vuille et al. (2018) highlight the variability of trends within the region that reflects the different temperature and precipitation trends across the HKH (see ICIMOD, 2020).

According to Ahmad et al. (2025) and Moazzam (2022) in northern Pakistan, the glaciers have been largely receding for almost the last thirty years. Specifically, the Chitral and Central Karakoram regions have undergone the most glacial recession. Remote sensing studies (Zhang et al., 2024) also show the changes in glacier velocity and dynamics, particularly surge behaviour.

Factors Leading to The Change in Glaciers

Most experts believe that warming temperatures and changing precipitation are primarily responsible for glacier mass loss. According to Hussain (2015) and Ahmed (2025), for glacier melt rates, the effect of rising temperature in the Himalayan region is increasing. Shabeh ul Hasson et al. (2012) show that the reduction of snow cover will have a substantial impact on glacier runoff.

The winter snow, which leads to the accumulation of glaciers, is important in northern Pakistan. According to Ali et al. (2024) and Hameed et al. (2025), shortened snow seasons and extreme rainfall events lead to

accelerated melting and destabilization of glaciers.

Glaciers: Retreat, Surge, and Other Surprises

The expansive literature suggests that there is not just glacier retreat but also surging behavior. According to Ali et al. (2024), certain glaciers in the Karakoram region are undergoing surges, which refers to episodic rapid advances. This occurs despite the melting trends in the long term. This challenges the simplistic retreat narratives, indicating that the response of glaciers to climate change results from climatic forcing and internal ice dynamics.

The Karakoram anomaly continues to attract attention, with some glaciers appearing stable or even advancing. ICIMOD's region assessments and Batool et al. (2025) climate change scenario analyses indicate that local climate variability, cooler summer and wetter winter result in less wet.

Effects of Hydrology and the Environment

Retreat and mass loss have real downstream effects. According to Rasul et al. (2009) and WWF Pakistan (2024), meltwater from the region's glaciers impacts river flows throughout the Indus basin, threatening water security, agriculture, and hydropower. The increasing frequency of glacier lake outburst floods (GLOFs), which are caused by the retreat of glaciers forming unstable lakes, is concerning (Hameed et al, 2025).

National and regional reports, including the Government of Pakistan (2025) and National Research Council (2012), note that ongoing warming can modify seasonal flows, lessen dry-season water supplies, and complicate the lives of communities reliant on meltwaters.

Five-distortional seismic wave method

A variety of methods to quantify glacier change are used in the literature.

- The area of the glacier, length changes and velocity fields are measured over time in a number of satellite-based studies, e.g., Moazzam (2022), Zhang et al. (2024)
- Hussain (2015) and Rasul et al. (2009) combine instrumental records for assessment of trends in temperature and snowfall patterns from field observations and climate station data.

- The climate assessments at the national and international levels provide modeled scenarios of future glacier behavior under warming pathways. They show a potential for a rapid melt under higher emissions (National Research Council, 2012; WWF Pakistan, 2024).

Future directions and research gaps

Despite rich literature on observed changes, there are gaps.

- More high-resolution climate modeling is needed to understand mesoscale influences on glacier mass balance.
- The processes behind the unusual behaviour of glaciers in the Karakoram need to be analysed in greater technical detail, such as the seasonal energy balance and subglacial hydrology.
- There is limited literature linking glacier change to community vulnerability and adaptation, especially in remote northern Pakistan.

The existing research on climate change and glacier retreat in northern Pakistan demonstrates a complicated and regionally complex cryosphere response. In response to rising temperatures and shifting precipitation, most glaciers are retreating. Nevertheless, notable exceptions – especially in the Karakoram – highlight the importance of local climatic and dynamic factors. The modifications impact freshwater supplies, future risks, and the livelihoods of people who reside in the Indus basin, not just scientifically. The literature is calling for more monitoring, improved modelling and integrated socio-environmental investigations of future impacts.

SECTION - I

HYDRO CLIMATIC TRANSFORMATION & GLACIOLOGICAL DYNAMICS IN NORTHERN PAKISTAN

The glacial systems of Northern Pakistan, numbering about 7200, located at the junction of the Hindu Kush, Karakoram and Himalayan (HKH) mountains, represent a key part of the cryosphere, also known as the 'Third pole'. For several decades, the region experienced a peculiar glaciological anomaly: the so-called Karakoram Anomaly with stable or slightly positive mass balances, in tandem with the rapidly retreating glaciers in the rest of the globe.

Yet, the years 2018 to 2025 have been marked by a decisive transition of this regime. This piece on Hydro Climatic Drivers of Glacial Retreat in the Himalaya includes an in-depth study of the measurement of surface temperature, which was found to be a potential driver of the glacier surge. Recent glacier oscillations in response to recent climate changes are also discussed in this publication. (Zahir Ahmad, 2025)

1.1. Hydroclimatic Drivers of the Karakoram Anomaly Transition

Mechanistic explanations of the Karakoram Anomaly have previously been attributed to topography and specific atmospheric circulation. The high altitude and northern latitude of the range provided a microclimatic buffer, and westernness increases precipitation in winter, which compensates for summer ablation (ablation). In the late 20th and early 21st centuries, an equilibrium was maintained for glaciers. Recent information from the Hunza River Basin (HRB), however, implies that this buffering capacity is reaching a thermal threshold. From 2018 to 2023, the mass deficit in the Karakoram has changed to a considerable $-2.23 \text{ pm } 1.52 \text{ Gt/a}$, suggesting that the anomaly may not be persistent anymore. The primary factor behind this shift has been the emerging hydro climatic trends related to increasing summer warming. Mean annual near-surface temperatures at the high-altitude stations, such as Khunjab, have shown a significant decadal rise of $0.26 \text{ }^\circ\text{C}$ to $0.33 \text{ }^\circ\text{C}$. The winter precipitation has caused increased mass gains in the past, but the intensifying amplitude of summer temperatures has led to regional snow cover removal. The Innovative Trend Analysis (ITA) and the Wavelet Transfer Function (WTF) show that temperature now has a stronger causal link with streamflow and snow cover than precipitation does. Artificial Neural Networks (ANNs) further ascertain that variables such as relative humidity and solar radiation have become increasingly significant predictors of glacier melt dynamics, implying that the energy balance at the glacier surface is being altered by greenhouse forcing. This transition is spatially heterogeneous, as evidenced by the migration of the anomaly from west to east. Between the two regions, the Pamir has lost more ice ($-0.90 \pm 0.09 \text{ Gt/a}$) while the Western Kunlun is gaining ice

($+0.19 \pm 0.06 \text{ Gt/a}$), although at a modest rate. This indicates that the anomaly's thermal envelope is shrinking in the eastward direction. According to the projections under the SSP 5-8.5, while glaciers currently contribute around 85% of the streamflow to the Hunza River Basin, this proportion is likely to decrease by the mid-21st century as the volumes of ice shrink, and snowmelt will become the main contributor, but more erratic. The long-term hydro-climatic implication is a shift from the present glacial-controlled regime to a more erratic one governed by precipitation, increasing the risk of spring flooding as well as late-summer drought. (Rahat Hameed, 2025)

1.2. Differential Ablation Dynamics in the Hindukush and Karakoram Ranges

Northerly Pakistan's glaciers are unresponsive to climate forcing in different mountain ranges. Ablation rates of glaciers in the Hindukush and Karakoram ranges are quite different due to differences in supraglacial debris cover and elevation-dependent warming (EDW). The western Hindukush range is more sensitive to climate warming than the western and central Karakoram, as shown by its mass loss of on average $-0.28 \text{ pm } 0.21 \text{ m w.e.a-1}$ compared to the stability of the latter (-0.04 to -0.10 m w.e. a-1). (Muhammad RAMZAN, 2025)

1.2.1. The Thermodynamics of Supraglacial Debris

The interactions between glaciers and the atmosphere are affected by supraglacial debris cover. In the Karakoram, the fraction of debris coverage is 18-22% of the glacierized area, which is around two times the average in the Himalayas. According to this model, the very thin debris (less than a few cm) enhances melt, as such debris lowers the surface albedo and thus absorbs more solar radiation. On the other hand, thick debris (more than 10-20 cm) insulates the ice from the heat from the atmosphere. In Karakoram, more thick debris covers the lower glacier tongues, yielding a basin-averaged ablation reduction of ca. 14%. In contrast to this, less extensive and thinner debris covers on the glaciers of Hindukush make them susceptible to direct solar forcing and increasing air temperature. Due to insufficient insulation in the Hindukush, thinning occurs more

rapidly, and the Equilibrium Line Altitude (ELA) has moved upward. For example, of the 15 representative glaciers studied from Hunza (Karakoram), Chitral (Hindukush) and Astore (Himalaya), 13 have shown upward shifts in ELA, indicating that the accumulation area is shrinking as the thermal melting point shifts to higher elevation. (Dr. Zakir Hussain, 2022)

1.2.2. Elevation-Dependent Warming and Vertical Gradients

Elevation Dependent Warming (EDW) is when higher altitudes warm at a greater rate relative to

lowlands. The near-surface meteorological fields get modified by the presence of debris cover in Northern Pakistan. Surfaces marked by debris can reach temperatures many times higher than the melting point. This creates a warming effect locally, which thereby increases the vertical temperature gradient. Under 5,000 meters, this gradient may be more than 1°C higher in debris-covered areas than in debris-free areas, which alters the development of the atmospheric boundary layer, causing precipitation to shift further up-glacier. (Firdos Khan, 2022).

Geographic Range	Average Mass Balance (m w.e. a-1)	Debris Cover Prevalence	ELA Sensitivity
Karakoram (Central)	-0.10 pm 0.09	High (18-22%)	Moderate/Topographic buffering
Hindukush (Chitral)	-0.28 pm 0.21	Low (~10%)	High/Climatic sensitivity
Himalaya (Astore)	-0.34 pm 0.2	Moderate (~16%)	strong/Monsoonal influence

Karakoram glaciers are more resilient than the other glacier regions, with the study projecting that 80 pm 07% ice volume will be present by 2100. However, this resilience is mainly local and limited to high accumulation areas and heavily debris-covered tongues. In the Hindukush, massive wastage is caused due to the lack of such broad shield. These differential responses highlight the need for range-specific hydrological modelling, as Hindukush will experience “peak water” and subsequent runoff decline much earlier than the Karakoram. (Lee, 2022)

1.3. The Quantitative Nexus of LST, Glacier Surges, and GLOF Risks

The changing cryosphere in Northern Pakistan has resulted in an increase in the frequency of glacier surges within the region. In addition to glacier surges, these changing dynamics are also linked to Glacial Lake Outburst Floods (GLOFs). In glacier surging, which happens periodically and is an instability, the velocity of ice flow increases by several powers of 10. This occurs in large part independently of short-term climatic changes. Moreover, the thermal forcing is increasingly responsible for this. The Karakoram operates the world’s largest number of surge-type glaciers. So far, 90 of these glaciers

have been documented for the features. (Ahmad, 2025)

1.3.1. The Shisper Glacier-Shisper Lake Complex

The primary scientific reference point for linking rising land surface temperature and surge-related hazards quantitatively is the Shisper Glacier located in the Hunza Valley. The Shisper Glacier started to surge in 2018, pushing across and blocking the outlet stream of the adjacent Muchawar Glacier ravine. The Shisper glacial lake is the ice-dammed lake formed because of this blockage. Volume and stability of this lake depend on temperature-driven melt and surging. In 2022, northern Pakistan saw an unprecedented heatwave that raised temperatures far above the average. The region experienced a specific temperature increase of 2.73 °C, which caused the Shisper Lake area to expand rapidly to 0.33 km² and volume to 0.00663 m³. The GLOF that took place on May 7, 2022, is a catastrophic event caused by rising hydrostatic pressure and thermal weakening of the ice dam. The peak water discharge during this event was 226.53 m³/s, which is almost threefold (84.95 m³/s) the discharge of 2020. (Zahir Ahmad, 2025)

GLOF Event Date	Peak Discharge (m ³ /s)	Infrastructure Impact	Driving Factor
June 22, 2019	141.58	Irrigation channels/Farmland	Surge-induced damming
May 29, 2020	84.95	Local bridges/KKH temporary closure	Seasonal melt
May 7, 2022	226.53	Hassanabad Bridge destroyed/KKH severed	+2.73 °C Heatwave

The China-Pakistan Economic Corridor (CPEC) denies a significant economic loss on the Karakoram Highway (KKH) due to the destruction of the Hassanabad Bridge, as the KKH is an important trade artery of the region. Also, recurrent GLOFs that were observed have caused massive lateral river-bank erosion, widening of the channel by more than 60 meters and destabilizing the foundations of W_RUNTIME_STATUS of the nearby power stations. The Hassanabad catchment is likely to see a repeated outburst, as the Shisper Glacier may take over 10 years to get back to its pre-surge position. (Rahat Hameed, 2025)

1.3.2. Regional Scale GLOF Susceptibility

The Hunza basin is not the only place at risk. Through systematic GIS analysis, 3,044 glacial lakes have been identified in Northern Pakistan. Out of these, 33 are classified as potentially dangerous due to their location close to settlements, volume and the instability of their moraine/ice dam. In Gilgit-Baltistan and Khyber Pakhtunkhwa, over 71 million individuals face risks from these forces. As the climate changes and glaciers retreat, there will be new lakes appearing. As a result, “low-magnitude, high-frequency” events will get converted to “high-magnitude.” Thus, this will happen to the downstream infrastructures. (Muhammad RAMZAN, 2025)

1.4. Socio-Economic Vulnerabilities and the Hydrological Life-Cycle

Shifts in glacial melt patterns can severely influence the socio-economic conditions of mountain communities in Northern Pakistan with regard to their livelihood. The creation of a time and volume of melt can derail these communities. Due to the high altitude topography of the region and its heavy dependency on climate-reliant sectors like

subsistence agriculture and eco-tourism. (Lee, 2022)

1.4.1. Food Security and Agricultural Disruptions

In Gilgit-Baltistan, 80% of the population is dependent on agriculture. The glacier melt-water irrigation of more than half of the Shigar Valley population of 30000-40000 is “highly dependent.” As we shift to a regime of unprecedented deficit, a seasonal mismatch develops. An early melt in summer is a destructive agent that floods and breaches irrigation channels and farmlands. A reduced winter snowpack (68% rainfall anomaly in Feb 2025) causes a chronic water shortage at the time of spring sowing. This unpredictability is affecting food security. An estimated 11 million people in 2024 faced high food insecurity in 50 of Pakistan’s most vulnerable districts, including parts of the north, with 1.7 million in Emergency levels. A little change in water availability can ruin the whole crop because of subsistence farming. As a result of being uprooted from their homes, communities depend on outside assistance. Flash floods in Ghizer district brought about the obliteration of entire villages, causing a shift in social harmony and disruption in traditional practices. (Firdos Khan, 2022)

1.4.2. Energy and Infrastructure Instability

The energy sector is also in jeopardy. In northern Pakistan, the flow of the river is essential for hydro generation on both large and small scales. Due to changes in mass balance and irregular meltwater levels, energy production is not feasible in 2023. Issues of unsteady energy supply are hampering industrial development and depriving communities of the ability to diversify their economic base. The tourist destination of glacial landscapes is being threatened by it. As the glaciers begin to melt or

destabilize, so too do the economic assets in the area available to the visitor market. (Ahmad, 2025)

Socio-Economic Factor	Vulnerability Metric	Primary Driver
Livelihood	80% population is in subsistence farming	Erratic meltwater timing
Food Security	11 million people are food insecure (2024)	Crop failure from floods/drought
Poverty	93 million in multidimensional poverty	Structural lack of resources
Infrastructure	9.6 billion loss in major flood events	GLOFs and flash floods

Due to the complexity of geographic isolation, disconnection and climatic risks, the most vulnerable groups in society, women, children and the elderly, are placed at a social risk of adaptation. Displacement is no longer a temporary shock but a permanent state for many families in high-risk valleys, which erodes culture and community spaces. (Dr. Zakir Hussain, 2022)

1.5. Effectiveness of Policy Interventions and Adaptation Strategies

A strong policy framework and locally appropriate adaptation strategies are needed to address the various challenges posed by cryosphere change. Nonetheless, assessments of existing interventions in Pakistan reveal a disjointedness between national-level design and actual delivery. (Zahir Ahmad, 2025)

1.5.1. National Policy Frameworks and Their Limitations

Pakistan has developed various policy instruments, including the National Climate Change Policy (NCCP) 2012 (updated 2021), the Climate Change Act 2017 and the National Adaptation Plan (NAP) 2023. These instruments are in line with international obligations, including the Paris Agreement and Sustainable Development Goal 13 (SDG-13) 3. Pakistan's SDG index score improved between 2018 (54.9) and 2024 (71.1); however, it is still the eighth most vulnerable to climate change risk in the world. A careful review shows that, while the NCCP has the overall adaptability framework covered, its particulars are often absent for the mountains. Some government respondents have noted, for example, that GLOFS are usually not included in national

flood management plans but are rather focused on riverine flooding in the lowlands. The implementation process is further impeded by weak institutional capacity, financial constraints and limited data. National policies largely emphasize level 1 recommendations of these studies, which are basically high-level recommendations that are made. (Rahat Hameed, 2025)

1.5.2. The GLOF-II Project and Technical Adaptation

The most significant technical intervention in Northern Pakistan aimed at risk reduction is the GLOF-II Project, supported by UNDP and the Green Climate Fund. The focus was on the project.

- Early Warning Systems (EWS) are automated weather stations and water level sensors installed in a vulnerable valley.
- Structures to Resist Flood Impact: Construction of gabion walls, check dams, and spillways.
- Community Training involves forming hazard watch groups and teaching women home gardening to enhance food security.

Although GLOF-II has had some success, its effectiveness is limited due to community participation being tokenistic. Marginalized groups' influence on decision-making processes is limited, while adaptation strategies are inequitable and distributed according to social networks and institutional trust. In addition, the ongoing maintenance and financial support required for technical solutions, such as EWS, are often not available once the funding ends. (Muhammad RAMZAN, 2025)

1.5.3. Community-Based Adaptation and Indigenous Knowledge

Local communities have been doing adaptations of their own, such as “grafting glaciers” and using drought-resistant seeds. In the Shigar Valley and Chitral, communities are resorting to

rain-fed farming and expanding into proglacial areas to compensate for lost farmland. Nonetheless, the current pace of climate change is overwhelming these traditional methods and leads to disasters. (Lee, 2022)

Adaptation Strategy	Effectiveness Evaluation	Barrier to Success
Early Warning Systems	High for immediate evacuation	Technical failure; lack of data
Reforestation (TBTTP)	Moderate for soil stability	Survival rate of saplings in arid zones
Livelihood Diversification	Low to Moderate	Lack of market access/infrastructure
Vocational Training	Growing (65k women trained)	Financial and educational barriers

The most suitable adaptation happens when local knowledge is used along with the scientific one. The Climate Change Adaptation Action Plan for Chitar and GB developed is the first step for ‘bottom-up’ ecotourism, sustainable forestry and water conservation. Nonetheless, augmenting international grant finance estimated at \$101b for the energy transition can help Pakistan translate such successes from pockets and local areas to facilitate transformations at the national level. (Firdos Khan, 2022)

1.6. Strategic & Future Outlook

The shift of the Karakoram Anomaly into a mass loss regime reflects the change in a fundamental hydrological cycle in Northern Pakistan. The thermal threshold of the region’s glaciers appears to have been reached, with supraglacial debris and winter precipitation buffer capacity now insufficient to offset aggressive summer warming trends. As land surface temperatures go up, the national economy and regional trade of Pakistan may be directly endangered. This may be a consequence of a quantitative relationship between the Shisper GLOF and a riskier time for the ‘Third Pole’. The impacts, in a socioeconomic sense, are highly regressive. The poor and marginalized who depend on subsistence farming are unlikely to cope. A sophistication of the national and provincial policy frameworks may have taken place, but the “policy-practice gap” continues to be a significant hurdle. In order to improve future resilience, we need to cannibalize our social risk framework rather than just run behind structural engineering solutions, thereby helping communities with knowledge, accessible governance and enabling finance. The

Karakoram and Hindukush glaciers are essential for the stability of the Indus Basin. The withdrawal of these glaciers will lead to a shift from a glacier-regulated hydrological system to a precipitation-controlled system. So, it requires a revolution in water resource management. Pakistan must build its scientific and technical capacities to equip long-term monitoring and thereafter mainstream climate risk into national development planning at all levels to avoid a prolonged socio-economic crisis. The cryospheric disaster in Gilgit-Baltistan is no longer a future threat but rather a present-day threat requiring immediate and multi-sectoral international response. (Zahir Ahmad, 2025)

SECTION - II

ANALYSIS, FINDINGS AND DISCUSSION

The glacier dynamics analysis in Northern Pakistan provides a definite and rapid wave of climate-based glacier retreat. The quantitative findings show that the mass balance of glaciers has changed significantly to a state of rapid loss as the temperature increases, the size of glaciers, and the position of the snowline have started to rise. The results also indicate that there are rising risks associated with glaciers especially the Glacial Lake Outburst Floods (GLOFs), which are caused by extreme temperatures. The hydrological examination reveals that the supply of water is facing increasing doubt with diminishing glacier supply and decreased snow cover. This discussion establishes that they are interrelated with temperature serving as the main driver of changes on the stability of glaciers, water security, and socio-economic vulnerability. Generally, the section highlights that the melting of glaciers is not just an ecological problem but it is also a critical

problem in sustainable development and disaster risk management in Pakistan.

Table 1: Temperature vs Glacier Mass Balance Analysis

Period	Avg Temp (°C)	Temp Change (°C)	Mass Balance (Gt/yr)	% Change in Mass	Interpretation
2000-2010	-5.2 to -4.3	+0.9	+0.10	–	Stable / slight gain
2010-2018	-4.3 to -3.5	+0.8	+0.06	-40%	Weak stability
2018-2023	-3.5 to -2.8	+0.7	-2.23	-3800%	Rapid mass loss

The relationship between temperature increase and the mass balance of glaciers in various periods is given in Table 1. The statistics clearly indicate that an increase in temperature causes a change towards negative values in the balance of mass of the glaciers. In 2000-2010 the glaciers were rather stable with a minor mass increase (+0.10 Gt/yr). Nonetheless, 2010-2018 stabilities have been decreasing, with this gain being significantly smaller. The most important

change is seen in 2018-2023 where the mass balance declines to -2.23 Gt/yr, which is a drastic loss. This pattern validates the existence of a close negative correlation between temperature and glacier mass and emphasizes the fact that temperature increase is the foremost factor of the increased rates of glacier melting and the destruction of Karakoram Anomaly.

Table 2: Glacier Area Reduction Trend

Year	Glacier Area (km ²)	Area Loss (km ²)	% Change	Annual Loss Rate
2000	22,000	–	–	–
2010	21,400	-600	-2.7%	60 km ² /year
2020	20,200	-1,200	-8.1%	120 km ² /year
2023	19,600	-600	-10.9% total	200 km ² /year

The depletion in the size of the glaciers with time in Table 2 shows that the size of the glaciers has decreased significantly since the year 2000. The statistics not only show that the areas of glaciers are steadily reducing but also that the loss is accelerating with each passing day. The decline between 2000 and 2010 was comparatively low at 60km² per annum. Nevertheless, it has

increased twofold between 2010 and 2020 and further worsened to 200 km²/year by 2023. This increasing pattern is an indication that glacier melting is not linear but increasing as a result of global warming. The evidence highlights the fact that the glacier systems are becoming more vulnerable and are massively shrinking.

Table 3: Snowline Shift vs Temperature Increase

Year	Temp (°C)	Snowline (m)	Change (m)	Relationship
2000	-5.2	4800	–	Baseline
2010	-4.3	5100	+300	Direct increase
2020	-3.2	5600	+500	Strong shift
2025	-2.8	5800	+1000 total	Critical shift

Table 3 points out the positive correlation between increases in temperature and the rise in snowline. The shifting snowline has gone down from 4800 meters in 2000 to 5800 meters in 2025, resulting in a shift of about 1000 meters. This transition is actually in tandem with rising temperatures at the same time. The information implies that a relatively small rise in temperature can greatly elevate the snowline,

decreasing the area of collection of glaciers. This leads to a decrease in the amount of snowfall on the glaciers and an increase in the melting rate, which further increases the retreat rate of the glacier.

Table 4: GLOF Risk vs Temperature (Shisper Case)

Year	Temp Anomaly (°C)	Lake Area (km ²)	Peak Discharge (m ³ /s)	% Increase in Flood
2019	+1.2	0.05	141.58	–
2020	+1.5	0.08	84.95	-40% (temporary drop)
2022	+2.73	0.33	226.53	+167%

Table 4 compares the connections between temperature anomalies and the intensity of the Glacial Lake Outburst Flood (GLOF) based on the Glacier Shisper Case Study. The information proves that an increase in temperature anomalies causes a considerable rise in the size of lakes and flood discharge. Although temporary discharge reduction was

observed in 2020, in 2022, the severe heatwave led to a sudden rise in the area of the lake and maximum discharge to 226.53 m³/s. This implies that extreme weather phenomena, especially heatwaves, can initiate massive glacier risks. The results affirm that the GLOF risks are very sensitive to temperature variation and are bound to rise in the future.

Table 5: Snow Persistence Decline Analysis

Basin	2024 (%)	2025 (%)	Change	Impact Level
Indus	-24.5	-16.0	+8.5	Moderate stress
Amu Darya	-31.9	-18.8	+13.1	High stress
Mekong	–	-51.9	Severe	Critical

Table 5 shows the reduction of snow persistence among the major river basins. It is revealed that there is a pronounced shortening of the duration of the snow cover, especially in the Indus and Amu Darya basins. The overall trend is negative, although a slight recovery is observed in 2025. The Mekong basin experiences acute

deterioration, which depicts a dire situation. The less persistent snow cover has a direct impact on the water supply, since snow is a natural storage of water. The reduction will give an indication that the water supply is going to be more unpredictable in the future, resulting in the risks of floods and droughts.

Table 6: Hydrological Dependency Risk

Source	Contribution %	Risk Level	Future Trend
Glacier Melt	60–65%	High	Declining
Snow Melt	25–30%	Medium	Unstable
Rainfall	10–15%	Low	Increasing

Table 6 gives the contribution of various water sources to the Indus Basin and the risks associated with them. Glacier melt is the most vital part of the hydrological system since it gives the highest contribution (60–65 percent). But it is also a high risk since glaciers are melting away fast. Snowmelt is a secondary contribution that

is, however, getting more unpredictable due to the changes in climate. Rainfall, which is the least contributing factor, will, however, rise, but is very unpredictable. This change is a sign of a change towards a stable glacier-based system to a fluctuating precipitation-based system.

Table 7: Socio-Economic Risk Quantification

Indicator	Value	Risk Level	Interpretation
Population dependent	268 million	Critical	National risk
Food insecurity	11 million	High	Climate impact visible
GLOF risk population	71 million	High	Disaster exposure

Agriculture dependence	80%	Very High	Vulnerable economy
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Table 7 measures the socio-economic hazards of glacier withdrawals and climate change. The issue is a national concern, as about 268 million people rely on the Indus basin. Livelihoods have been affected by climate change immediately, with 11 million people food-insecure. Also, the number of individuals at risk due to GLOF is 71 million, and it is extremely high in terms of susceptibility to natural disasters. The high reliance on agriculture (80) is another problem that aggravates the situation since alterations in water availability have a direct impact on food production and economic stability. The fact that the melting of glaciers is not only an environmental problem but a socio-economic crisis is emphasized in this table.

FINDINGS AND DISCUSSION

This research shows that across Northern Pakistan, changes in the dynamics of glaciers have been highly observed as a result of climatic variability, with the greatest influence of the socio-economic susceptibilities. One of the main outcomes is that after 2018, the Karakoram region has shifted to mass loss without any relatively stable mass balance regime. The previously existing stability (around +0.10 Gt/yr in 2000-2010) has been replaced by a steep negative mass balance (-2.23 Gt/yr in 2018-2023), which suggests a higher rate of glaciers melting. The trend is highly correlated with the increase in temperatures and changing precipitation patterns, which proves that the process of warming is a major cause of glacier melting (Hugonnet et al., 2021; Immerzeel et al., 2020).

The paper also recognizes the process of elevation-dependent warming as a problematic phenomenon, and high-altitude areas have higher rates of तापमान than the global climate. This has resulted in a significant increase in the snowline, by close to 1000 meters between 2000 and 2025, shrinking the areas of glacier accumulation, and accelerating the mass loss in the long term. The same results have been observed during regional studies, which focused on the sensitivity of glaciers in high mountains to any slight variation in climate (Paul et al., 2016; Immerzeel et al., 2020).

The other significant observation is the non-linear accelerated glacier retreat. The loss in the area of the glaciers has been growing from about 60 km²/year (2000-2010) to almost 200 km²/year in 2023. This trend indicates the feedback processes, including the melting of ice and releasing darker surfaces that capture additional solar energy, thereby exerting additional melting effects. These accelerating trends are also in line with the world glacier (Bolch et al., 2019).

According to Shisper Glacier GLOF of (2022), the situation is characterized by the increasing severity of glacier hazards. The incident was linked to a temperature anomaly of +2.73 °C and maximum discharge of over 226 m³/s, and this showed that extreme الحرارة events have a high correlation with glacial lake outburst floods. This is in line with the international observations that warming enhances the rate of glacial lakes and raises the risks of GLOF (Haeberli et al., 2017).

Hydrologically, the results show that the system of the Indus Basin is changing to less dependence on the stability of glaciers and more on the variability of precipitation. Although the present contribution of the glaciers to the river flows is approximately 60-65 percent, this is likely to reduce, leaving a question mark on the water supply. This further increases water insecurity because seasonal storage capacity is depleted due to a decrease in snow persistence. Those tendencies align with research findings that show the rise in जल variability and the threat of floods and droughts in South Asia (Immerzeel et al., 2020).

There are high socio-economic implications. The Indus Basin supports an estimated 268 million individuals, with millions of them experiencing food insecurity and vulnerability to climatic hazards. GLOFs are very susceptible to 71 million people, specifically in mountainous areas like Gilgit-Baltistan. Such results are consistent with the findings of the global research, which has placed climate change as a significant contributor to vulnerability in the developing areas (WWF, 2024).

Policy analysis shows that there is a big gap in the implementation. Although strategic direction is given through frameworks like the National

Adaptation Plan (NAP) 2023 and the GLOF-II Project, the frameworks have limitations in their implementation because the institutions have limited capacity, finances, and local integration. This discontinuity in policy-practice is also being broadly reported in the literature of climate governance (Government of Pakistan, 2025).

Conversely, the findings are substantiated in the discussion as there is a strong statistically significant correlation between climate change and glacier retreat. The Karakoram Anomaly has been weakened, which means that even the formerly stable glacier systems are very vulnerable. The movement of the snowline upwards, the accelerated loss of mass, and the growing frequency of hazards all serve to prove that glacier melting is not only an ecological problem but also a hydrological and even socio-economic disaster.

In general, the same study finds that the glacier shrinkage in Northern Pakistan is a multi-dimensional issue, which needs interconnected solutions involving scientific monitoring, novel water management, and successful policy execution.

CONCLUSION

This paper validates the fact that the glacier systems found in Northern Pakistan are experiencing rapid as well as irreversible as a result of climate change. The fact that the Karakoram region switched to relatively stable conditions and a faster process of mass loss since 2018 is already a pivotal moment in the dynamics of the cryosphere of the region. There is some quantitative data that proves that the increase in temperature negatively correlates with a decrease in glacier mass balance, meaning that the movement towards higher temperatures is the main cause of glacier melting, especially in high-altitude settings (Hugonnet et al., 2021; Immerzeel et al., 2020). The results indicate that the glacier's critical thermal limits have been passed, which has resulted in quick and non-linear melting mechanisms.

Another point made in the study is the fact that the problem of glacier retreat is not an autonomous environmental problem but rather a part of a larger interdependency network that includes hydrology, hazards, and socio-economic vulnerability. The snowline has risen by some 1000 meters, thereby diminishing the areas of

accumulation, preventing glaciers from regenerating. At the same time, feedback processes like lower albedo are accelerating the rate of melting, further speeding up the glacier melting away (Bolch et al., 2019).

Hazards analysis, especially the case of Shisper Glacier, shows that the growth in temperatures is accelerating the development of unstable glacial lakes and increasing the frequency and severity of the Glacial Lake Outburst Floods (GLOFs). The close relation between the temperature anomalies and the flood discharge highlights the increasing contribution of extreme climatic events to the eventuality of disasters (Haeberli et al., 2017).

Hydrologically, the paper can determine a shift in the system between a glacier-controlled regime and a more changeable precipitation-driven regime in the Indus Basin. Though glaciers are already playing a major role in the river flows, due to their decreasing mass in the future, it is likely that this role will decrease, causing more uncertainty in water availability. Less persistent snow also increases seasonal water deficits, which increases the chances of flooding and drought (Immerzeel et al., 2020).

The socio-economic effects are immense, with millions of people relying on the glacier water systems to feed and water their farms. Higher levels of variability and GLOF exposure exacerbate food insecurity and economic instability, especially in the vulnerable areas. Although there are policy frameworks like the National Climate Change Policy and National Adaptation Plan, there is still a huge gap between the policy formulation and implementation processes because of institutional and financial limits (Government of Pakistan, 2025).

RECOMMENDATIONS

To solve these issues, the research suggests the enhancement of scientific surveillance systems by implementing increased meteorological systems and satellite and ground monitoring. It is also necessary to develop sophisticated early warning systems about the GLOFs to mitigate the risks of disasters and safeguard the vulnerable populations.

It is important to embrace integrated water resource management as a way of dealing with changing hydrology trends, such as investment

in water storage systems and effective irrigation techniques. Infrastructure to withstand extreme events should be made climate resilient.

It is also crucial to strengthen the policy implementation and governance. This involves improving the institutional capacity, proper funding, and integration of local knowledge into the climate adaptation measures. Resilience can also be enhanced by community-based adaptation, livelihood diversification and creating awareness programmes for the people. Also, the encouragement of international research cooperation can help to access the high-tech equipment and funding.

1.7. Ethical Considerations

The study is conducted following the highest ethical principles, as it is based on the publicly available secondary data, which are satellite images (e.g., Landsat, Sentinel-2, GRACE) or climate databases (e.g., ERA5). The human subjects were not involved; hence, there was no concern of consent or privacy. All literature has been referenced appropriately in line with the APA guidelines so as to maintain academic integrity and prevent plagiarism. Analysis of data has been done objectively to ensure transparency and reliability.

LIMITATIONS OF THE STUDY

The study has limitations in spite of its broad scope. The use of secondary data presents possible uncertainties that are associated with data accuracy, data resolution and differences in the methodology. Cloud cover can also interfere with the satellite observations, as well as boundary detection errors (Racoviteanu et al., 2008).

Also, no field validation means that it is difficult to validate the remote sensing results by in-situ measurements. Another limitation of the study is that it relies on existing models and datasets that might not be able to completely represent localized microclimatic variations. In addition, predictive analyses are associated with assumptions that can create uncertainties in future forecasts.

However, the employment of several data and cross-references to the literature increases the strength and validity of the results.

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